

A LENT OF DAILY

Blessing

1. **PRAYER** - Generous God, you have blessed me to be a blessing to others. Use me this day, I pray.
2. Do something for someone that they have been putting off doing (change liter box, shovel driveway).
3. Leave a small gift or note of gratitude in your mailbox for the mail carrier.
4. Gather your used books and donate them for someone else's benefit.
5. Talk to the person who is sitting alone.
6. Treat someone to an experience you know they would enjoy.
7. Pick one global concern to research and find a way to respond to it.
8. **PRAYER** - Creator God, stir up in me a greater awareness of the people and needs around me, that I might respond in Christian love.
9. Let the overwhelmed parent, pregnant woman or person with physical limitations in line behind you go first.
10. Follow through with your good intentions. Reach out when it crosses your mind; email, call or write.
11. Give a middle or high school student a compliment.
12. Pay a visit to someone who could use some company.
13. Invite someone to worship or to a church event.
14. Keep a Subway gift card in your wallet to give to someone who is hungry.
15. **PRAYER** - Gracious Jesus, thank you for the many ways you have blessed me abundantly. Help me to recognize these blessings each day with gratitude.
16. Ask for or offer forgiveness.
17. Express gratitude for a good friend.
18. Choose to believe the best of someone.
19. Think of a compliment and pay it.
20. Thank a custodian for his/her work.
21. Ask! What can I do for you?
22. **PRAYER** - Thank you, God, for using me to bless the lives of others with acts of kindness.
23. Thank someone in uniform for their service.
24. Donate your expertise, passion or assistance.
25. Lighten someone's load. Ask what you can carry.
26. Greet the cashier in a bad mood with a smile and a thank you.
27. Bring flowers, a muffin or a cup of coffee for someone else.
28. Ask an elderly neighbor how you can help.
29. **PRAYER** - Holy Spirit, break through and show me without a doubt who you call me to serve today.
30. Let someone's supervisor know when they have done a great job.
31. Bring food to someone in recovery or with a lot on their plate.
32. Recognize someone's hard work in front of others.
33. Offer to hold or feed the baby. (You don't have to change the baby.)
34. Don't assume you know how someone feels. Just listen.
35. Give someone a break. Sit by the hospital bed, chauffeur the kids, pick up some groceries.
36. **PRAYER** - Loving Christ, nudge me beyond my comfort zone, that I might share my faith with someone in a new way.
37. Find a cause to make your own and volunteer in your community.
38. Choose to include someone today who might be feeling left out.
39. Make a list of things you appreciate about someone else and share it with them.
40. Smile and greet 3 people you don't know.